

Listen → Diagnose → Design → Implement → Measure



# Corporate Occupational Health Audit Tool

## Executive Case Study — One-Page Overview

### Business Challenge

Move beyond engagement scores to identify actionable drivers of stress, workload, and well-being in corporate roles.

### Solution

Designed an enterprise-ready occupational health assessment integrating validated psychosocial measures for organizational diagnostics and intervention planning.

### Key Insight

Engagement scores signal *where* issues exist; this assessment diagnoses *why*—surfacing structural and role-level drivers leaders can act on.

What Was Measured	Why It Matters
Stress & Pressure	Burnout and workload risk
Autonomy & Control	Role design and performance
Work–Nonwork Interaction	Sustainability and retention
Organizational Constraints	Structural blockers
Well-Being & Support	Resilience and support gaps

### Executive Value

- Enables targeted, data-informed action
- Supports organizational health monitoring
- Translates employee data into operational insight